

AN INTRODUCTION TO CONTINUOUS GLUCOSE MONITORING (CGM)

ENROL & EARN

1 European CME credit (ECMEC®)

COURSE OBJECTIVE

- Learn about Continuous Glucose Monitoring (CGM), the different CGM devices, and how they work.
- Understand which patients should use CGM, how to manage glucose with CGM, and discuss its benefits and challenges.
- Get equipped to help diabetes patients use their CGM data effectively.

COURSE FEATURES

- IDF Certificate
- Interactive Exercises
- Case Studies

ONLINE MODULES



FREE ONLINE COURSE

AN INTRODUCTION TO CONTINUOUS GLUCOSE MONITORING (CGM)

MODULE SECTIONS

SECTION 1

Be aware of what Continuous Glucose Monitoring (CGM) is, how it measures glucose and its role in diabetes management.

SECTION 2

Be aware of the different types of CGM and how they work as well as the difference between Self-Monitoring of Blood Glucose (SMBG) and CGM.

SECTION 3

Understand which people living with diabetes may benefit most from using this technology and how CGM is incorporated into diabetes treatment plans.

SECTION 4

Be able to support people with diabetes manage their glucose levels while using CGM.

SECTION 5

Be able to interpret CGM data to support optimal diabetes management as well as be aware of when CGM may be contraindicated.

TARGET AUDIENCE

All health professionals involved in diabetes management and care. In particular, health professionals who work in isolated, remote settings and lack access to latest evidence-based education resources.

COURSE MODALITIES

Language
English

Duration
60 minutes

The course should be completed within 3 months of the date of enrolment.

Device and browser
PC, tablet and smartphone IE 9 and above; Chrome and Firefox (latest versions).

Award
Certificate of Completion and 1 European CME credit on completion of all module sections.



SEMDSA (Society for Endocrinology, Metabolism and Diabetes of South Africa) endorses the online course focusing on Glucose Monitoring (CGM) for healthcare professionals seeking comprehensive, engaging, and effective learning. This course provides invaluable insights, practical skills, and a supportive learning environment that truly prepares learners for success.



Kenya Diabetes Study Group (KDSG) endorses this online course on Continuous Glucose Monitoring (CGM) to effectively train healthcare professionals in CGM monitoring.



The IDF online course 'Continuous Glucose Monitoring (CGM)', available through the IDF School of Diabetes platform, is endorsed by Diabetes Kenya. This endorsement recognises the course's contribution to the ongoing education of healthcare professionals.



This course is CPD accredited by Daktari Online, for Kenyan healthcare professionals, including medical doctors, nurses, clinical officers, and pharmacists. In case of any CPD inquiries, contact: daktarionline@gmail.com

Accredited by the South African Medical Association (SAMA) on behalf of the Health Professions Council of South Africa (HPCSA).